

# FRESCO FRESCO À LA CARTE MENU

## APPETIZERS

**bruschetta V** £4.20  
fresh toasted bread topped with fresh tomatoes, olive oil, garlic and basil

**pane all'aglio V** £2.80  
garlic pizza bread

**bianca neve V** £3.80  
garlic pizza bread with cheese

**diavola V** £3.50  
garlic pizza bread with onion, chilli and tomato

**pomodoro V** £3.10  
garlic pizza bread with tomato sauce

**bowl of mixed olives V** £3.60

## ANTIPASTI

**funghi ripieni V** £4.95  
stuffed mushrooms

**cocktail di gamberetti** £5.20  
prawn cocktail served on salad leaves with marie rose sauce

**calamari fritti** £5.50  
deep fried squid served on salad leaves with tartar sauce (optional)

**melone V** £3.95  
fresh melon served with a selection of fresh fruit

**zuppa del giorno** £3.50  
soup of the day

**prosciutto e melone** £6.95  
parma ham and fresh melon

**fegatini di pollo** £5.20  
chicken livers sautéed with onions, chilli and peppers, finished with a touch of wine

**gamberoni orientale** £7.30  
pan fried king prawns with garlic, chilli, spring onions, ginger, cherry tomatoes and white wine

**spare ribs** £5.90  
pork ribs in a barbecue sauce

## PASTA

**lasagne** £7.60  
pasta layers with bolognese and béchamel sauce

**penne arrabbiata** £7.60  
pasta tubes with tomatoes, mushrooms, spicy salami and onions

**spaghetti bolognese** £6.90  
pasta served with bolognese sauce

**penne giovani V** £7.60  
pasta tubes in tomato sauce with sautéed seasonal vegetables, cherry tomatoes, chilli, olive oil and basil, topped with parmesan shavings

**tortelloni fiorentina V** £7.60  
green pasta filled with ricotta cheese and spinach, served in a rich creamy sauce with spinach and petit pois

**penne melanzana** £7.80  
pasta tubes served in a tomato sauce with parma ham, aubergine, sun blushed tomato and basil

**tortelloni all'ortolano V** £7.80  
green pasta filled with ricotta cheese and spinach, cooked with mushrooms, onions, petit pois, spinach, courgette, mascarpone cheese and a touch of tomato sauce

**fusilli alfredo** £8.10  
pasta cooked with smoked chicken, ham and cream

**spaghetti al cartoccio** £8.50  
spaghetti cooked with mixed seafood and a splash of white wine – tin foiled and oven baked

**fusilli fresco fresco** £7.90  
pasta cooked with courgette, prawns, onion, cream, finished with a touch of tomato sauce

**tortellini panna** £7.60  
meat filled pasta served in a creamy sauce of ham, onion, white wine and mushroom

## RISOTTI

**risotto pescatore** £7.80  
a rice dish with mixed seafood and tomato sauce

**risotto vegetariano V** £7.60  
a rice dish with local seasonal vegetables

## CRESPELLE

crespella vegetariana V £7.20

folded pancake filled with fresh spinach, garlic, onions and mushrooms

crespella marinara £7.90

folded pancake filled with mixed seafood

crespella di pollo £7.90

folded pancake filled with chicken, ham and mushrooms in a creamy sauce

## MAIN DISHES

bistecca ai ferri £13.95

plain charcoal grilled sirloin steak

bistecca diana £14.95

sirloin steak served with a sauce of onions, mushrooms, french mustard, brandy and cream

bistecca valdostana £14.95

sirloin steak served with a creamy tomato sauce finished with ham and topped with melted mozzarella cheese

bistecca vulcano £14.95

sirloin steak served with mixed peppers, onions, tomatoes, garlic and tobasco

bistecca pizzaiola £14.95

sirloin steak served with a sauce of tomato, olives, capers, anchovies and garlic

filetto ai ferri £15.80

plain charcoal grilled fillet steak

filetto al pepe £17.80

fillet steak served in a cream, brandy and black peppercorn sauce

filetto fresco fresco £18.90

fillet steak served with crayfish and lobster sauce

filetto dolce latte £17.80

fillet steak cooked in cream, brandy and dolce latte cheese

tornado rossini £17.80

fillet steak served on a crouton topped with pate and finished with a sauce of madeira and cream

pollo alla panna £11.20

chicken breast cooked with cream, onions and mushrooms, served with rice or vegetables

pollo napoli £12.50

pan fried chicken breast filled with mozzarella cheese served with cherry tomatoes, garlic, oregano and thyme sauce

pollo agli asparagi £12.40

pan fried chicken breast cooked with fresh asparagus and cream

pollo rustico £12.20

pan fried chicken breast filled with bread crumbs, olive oil, garlic and taleggio cheese served in a cream and brandy sauce

gamberoni mimico £16.50

king prawns pan fried with white wine, spring onions, cherry tomatoes and ginger, served with a timbale of rice with a lime zest

all appropriate main dishes will be served with Zio Paolo's potatoes and seasonal vegetables of the day

Zio Paolo (uncle paul) is a market gardener from Parbold. He has been growing the finest fruit and vegetables for over 40 years. Born in Calabria – he is our valued family friend and grows all our ingredients to order! You can visit his shop at 16 Lathom Avenue, Parbold, WN8 7DT

## SIDE ORDERS

chips £2.20

mixed salad £3.95

tomato and red onion salad £3.50

## DESSERTS & COFFEE

sweets £3.95

sweets with ice cream £4.30

ice cream £3.60

cheese & biscuits £5.50

cappuccino £2.00

espresso £1.70

latte £2.20

## PIZZA

all our pizza's are 12 inches and have a mozzarella and tomato base – extra toppings 75p

**margherita V** £6.20

the classic mozzarella cheese, tomato and oregano pizza

**vegetariana V** £6.60

selection of fresh vegetables

**salami** £6.90

spicy salami

**calabrese** £7.20

spicy salami and chilli beef

**fresco fresco** £7.90

a little bit of everything (no fish)

**marinara** £7.80

a selection of mixed seafood

**tonno** £7.20

tuna and onion

**proscuitto** £6.90

cooked ham

**tropicale** £6.90

ham and pineapple

**funghi V** £6.90

mushrooms

**cardinale** £7.60

ham and mushroom

**lucia V** £7.90

cherry tomatoes, rocket, parmesan shavings and olive oil

**pizza riccio** £7.90

mascarpone cheese, spinach and smoked salmon

**orientale** £7.90

prawns, chicken, garlic, peppers, and fresh chilli

**mia** £7.60

chicken and sweetcorn

## CHILDREN'S MENU

any half portion of pizza, pasta, risotto or crespella

£4.95

or

choose a half portion of any main dish for half  
the stated price